

SPEED BUILDING FOR SHRED

Level: Beginner

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A Single 4's Warm-Up

♩ = 120

1

Gtr I

T
A
B

For this exercise you should build up speed slowly with clean tone. It is important to make sure you pick every note individually.

B Double 4's Warm-Up

4

T
A
B

This is an exercise Mick Thompson (Slipknot) used in his warm-up for Total Guitar Magazine. In this exercise you may have difficulty switching between the 1st and 5th fret at speed, which is the whole point of this exercise. Once again, it is essential to pick every note individually.

C Single 4's Warm-Up 2

10

T
A
B

This exercise is the same as the first one but will help you get used to moving up the fretboard by moving up one fret on each string.

D Single 4's Warm-Up 3

13

T
A
B

As with the exercise above but moving two frets up on each string to get you used to bigger skipping.

E Shred Solo Example

♩ = 220

16

T
A
B

P P H P P H P P H